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Chauncey Billups goes through drills

By Arash Markazi ESPNLosAngeles.com

PLAYA VISTA, Calif. -- <u>Los Angeles Clippers</u> guard <u>Chauncey Billups</u> didn't anticipate he would be ready to return to the court until November when training camp started last week. But Billups participated in contact drills Thursday for the first time since he had season-ending surgery to repair a torn left Achilles tendon in February.



Billups

"Chauncey practiced a little bit more today, which was good," Clippers coach Vinny Del Negro said. "He actually went through a couple of contact drills that we had. Not long, but more than in the past."

Billups, who this summer had hoped to be ready by opening night, is still a long shot to start on Oct. 31, when the Clippers open the season against the <u>Memphis Grizzlies</u>. But he could be back in the starting lineup soon after if he doesn't have any setbacks.

"He feels good," Del Negro said. "He's moving good. You can be in condition but the body contact and the up and down things, he's got to get in shape, but he's got plenty of time. As long as he keeps on, not having any setbacks and keeps on working, as he's been doing, he's going to be in good shape."

More On The Clippers



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Billups has been working on the side during camp with <u>Chris Paul</u>, who underwent surgery to repair a torn ligament in his right thumb on Aug. 21. Paul said he's still on pace to start at least one preseason game before the season opener.

"I'm pretty close," Paul said. "The trainers let me know what the protocol is every day."

While he has been unable to participate in contact drills, Paul said working out with Billups has made going through practices easier for him.

"It makes it a lot easier because we both can't do any live action," Paul said. "We do 5-on-0 and all that different type stuff. It makes it a lot easier on me knowing I can shoot with him and work out with him."

Chauncey Billups expects 'high-spirited' rivalry ir

Bill Ingram, Hoopsworld.com

7:37PM EST October 5. 2012 - Last season, for the first time ever, we saw the Clippers threaten to overshadow the La Angeles.

The addition of Chris Paul gave Blake Griffin and company an elite floor leader to usher in a new era of playoff basketbareason to believe in their team as possible contenders.

They fell short of that goal in postseason play, but Chauncey Billups believes the franchise he adopted put itself in the darena rival.

PHOTOS: Scenes from NBA training camps (http://www.usatoday.com/picture-gallery/sports/nba/2012/10/03/scenes-from camps/1611825/)

"I think last year we made a huge step in even trying to have a rivalry with that team," Billups said. "Of course, over time history doesn't tell you that, but expectations of talent, upgrades around here. It's a lot different around here now. Last y games with them, some high-spirited games with them, and I expect the same thing this year."

Though the Clippers lost in the second round last season, Billups believes the team grew up a lot by going through a tot Memphis Grizzlies and even through losing to the San Antonio Spurs.

"I thought the Memphis series, for our team, our young guys grew up a lot that series, to be honest with you," said Billup 7 situation on the road and it could have gone either way. We could have lost that series, but the guts, man, and the price the guys showed really impressed me. I think that it surprised some of our guys too, and it was just great. I thought it was lot. Then you go play a team like San Antonio, and they basically ran through us, man, and I think it all had to do with, modetailed things that cause a big deal in a playoff series that we never knew about as a team.

"Obviously, it showed up in a big way in that San Antonio series, and that'll be some of the things that myself, and I'm so about this day forward. It's the small things, slipping throughout the season, that when you're playing games and winning that great of a win because you just got over on athletic talent as opposed to playing good basketball. Those are the thir and get you deep later in series."

Billups suffered a torn left Achilles' tendon last season and missed the majority of the lockout-shortened campaign. He's trip to China with the team, but he has been out doing as much as he can during the training camp process.

http://www.usatoday.com/story/sports/nba/2012/10/05/chauncey-billups-highly-spirited-los-angeles-rivalry... 10/6/2012

burt with the guys, but I'm not released yet to play five-on-five," said Billups. "We'll see when the ruys will be good for me. I'm in shape, and feel good and everything, but I'm not quite in basket ot to take your time, and I'm not really in a rush to be honest with you. I listen to my body, and when I'll be back out there."

ceeding as expected, but it doesn't change the disappointment of missing out on so much while

injury.

(Photo: Robert Hanashiro, USA

TODAY)

"The toughest part is you're missing out, you're losing the season," said Billups. "Missing out on something you've worked Olympics, that was tough. Physically, you get down, but injuries, quite frankly, are really a part of the game. There really injury like that. But the Achilles, in particular, fifteen to twenty years ago, this particular area was a death sentence as fa obviously times have changed now. I'm going to try to let people know that times have changed and you can get back to an injury, but it does, it takes time, it takes a lot of time."

The fact that the Clippers are an even deeper team this season, particularly with Lamar Odom and Jamal Crawford joini the peace of mind to take his time and really get his body right before he returns.

"Actually, the depth that we have now, it gives me a little sense of relief," said Billups. "It lets me take my time and come because we have such great depth, guys that can get in there and do the job, so that gives me a lot of relief."

It is also his team's depth that gives Billups a great deal of confidence in the Clippers heading into the 2012-13 season.

"This is going to be the deepest team I've ever played for," said Billups. "As far as being deep all the way throughout, it'd played for. But as you know, talent doesn't always — that's not it. You got to put it together. You got to take time. You al more importantly than that, guys got to accept their roles. I think we have a great locker room, great guys, great experie have a really great route, now we just got to let things take their course a little bit, let things kind of happen. Hopefully, the have a great season."

The Lakers may have upped the ante with the acquisitions of Steve Nash and Dwight Howard, but the Clippers look to t team this season, as well. Most pundits will have a hard time seeing the Clippers as the best team in Los Angeles, let al Conference, but counting the Clippers out would be a huge mistake. Los Angeles' *other* team is loaded and ready to rur

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